

Shirley Baptist Church

Life Group Notes for week beginning 25/1/26

- Which character do you admire from history and why?

Read: Exodus 17:8-16

- Who are the Amalekites and what do they represent symbolically in the life of faith? (See Genesis 14:7; Numbers 24:20; Genesis 36:12)
- How does the battle against the Amalekites represent spiritual warfare in our own lives?
- What can we learn from the total dependence of Israel's success on Moses' raised hands?
- How do you respond when you're feeling weary or discouraged like Moses?
- How does the support of Aaron and Hur deepen our understanding of spiritual community?
- Why is it important that God tells Moses to write the event down and rehearse it to Joshua?
- What does "The LORD is my banner" mean to you personally?

- Where in your life do you feel like you're in a battle, and who are the "Aaron and Hur" figures who hold up your arms when you grow weary
- In what ways can you be an Aaron or Hur for someone else right now?