

Life Group Questions 20/10/2024
On the Road 4: Heavy traffic ahead
Psalm 37:3-9

Introduction:

How do you react to being caught in heavy traffic on the motorway or around town?

Discussion:

Psalm 37:3-9 tells us how to respond to the “heavy traffic” in our lives. Read the verses and take a few moments to reflect on them quietly, then think about the following questions:

1. Fret means to devour or consume. What are some of the things we find ourselves fretting about (“the heavy traffic”)?
2. What are the consequences of fretting?
3. How do these verses tell us to resist the temptation to fret?
4. Read Matthew 13:36-43. What similarities do you notice with Psalm 37?

5. One of the main ways we do good is to share our faith. Gavin Calver says that there are three new ways in which God is speaking to non-Christians: Through social media, through celebrities, through dreams. Can you give any examples you have come across or heard about?
6. Gavin Calver also says one in three people are open to a conversation about faith. How do you respond to that? Can you share any examples?
<https://www.eauk.org/about-us/how-we-work/coalitions/talking-jesus>
7. If you have time, read the story of David, Saul and Abigail in 1 Samuel 18:6-9 and then 1 Samuel chapters 24-26. What strikes you about these three people and the way they responded to “heavy traffic” in their lives?

Conclusion:

What's the one thing God wants you to take into the coming week or month from this study? Pray for one another if you are meeting in a group.

Share your thoughts with someone if you are not meeting in a group.